

### 1-800-273-TALK (8255)

### Suicide in Idaho

- Suicide is the 2nd leading cause of death for Idahoans age 15-34 and for males age 10-14. (The leading cause of death is accidents.)
- Idaho is consistently among the states with the highest suicide rates. In 2010 (the most recent year available) Idaho had the 6th highest suicide rate, 49% higher than the national average.
- In 2012, 299 people completed suicide in Idaho; a slight increase from 2011.
- A ten percent (10%) reduction in Idaho suicide attempts can immediately save over \$4 million per year in medical costs alone. If the cost burden of suicide in Idaho was evenly distributed over the population (2008) the burden would amount to over \$250 for every person living in Idaho (Piland, 2010).

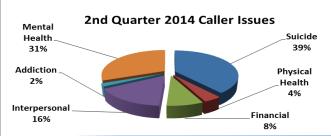
# **Staffing Information**

- This quarter volunteers contributed a total of **2,346 hours** to the Hotline for an **in-kind value of \$44,620** (for 2014, 4,560 hours, valued at \$87,129). ISPH has trained **87 volunteers** since launch with 56 volunteers currently active.
- Current staff consists of one full time Project Director, a part time Volunteer Coordinator, 6 part time Phone Room Supervisors and an Americorp Volunteer (3.85 FTE).

# **2014 Program Goals**

- Implement Contact USA accreditation recommendations (accredited December 2013).
- Expand 24/7 phone response.
- Develop and implement sustainable funding strategy.
- Increase statewide awareness of hotline.

### **Caller Issues**



## **Call Statistics**

#### **Idaho Suicide Prevention Hotline**

#### Call Statistics

January 1 to June 30, 2014

	2nd Quarter	Year to Date
Total Calls Received	623	1134
Military Members / Families	162	296
Rescue Calls (approximate)	35	70*
Follow Up Activities Completed	399	683
Percentage of Calls Receiving	43%	42%
Follow Up Activities		
Caller Age:		
10 - 14	24	47
15 - 19	66	116
20 - 24	69	95
25 - 34	56	90
35 - 44	29	55
45 - 54	47	109
55 - 64	127	235
65 - 74	21	40
75 - 84	2	5
85+	2	5
Didn't Report	180	337
Total Calls Received	623	1134

<sup>\*1</sup>st Quarter amount corrected from previous report

#### **Idaho Suicide Prevention Hotline**

### **Calls by County**

January 1 to June 30, 2014

	2nd	
County	Quarter	2014
Ada	156	292
Adams	2	6
Bannock	41	62
Benewah	4	5
Bingham	9	16
Blaine	1	1
Boise	7	10
Bonner	6	18
Bonneville	31	47
Butte		5
Canyon	74	121
Cassia	4	7
Clearwater	1	6
Custer	2	4
Elmore	2	8
Franklin	4	6
Fremont	1	1
Gem	2	3
Gooding	2	5
Idaho		2
Jefferson		1
Jerome	12	18

	2nd	
County	Quarter	2014
Kootenai	116	212
Latah	24	35
Lemhi	1	3
Lewis		1
Madison	6	12
Minidoka	3	5
Nez Perce	5	11
Owyhee		4
Payette	6	7
Power	3	3
Shoshone	4	9
Teton	2	2
Twin Falls	15	31
Valley		3
Washington	3	5
Caller Refused /		
Unable to Collect	49	107
* Other	25	40
<b>Total Calls Received</b>	623	1134

<sup>\*</sup> Calls received by out of state callers with 208 area code cell phone numbers

"Enough Idahoans are lost to suicide annually to fill a commercial jet airplane. It is estimated that suicide attempts in Idaho result in \$36 million in costs annually. The Hotline, with an annual budget of less than 1% of the annual cost of suicide attempts in Idaho, is a cost effective program to address this problem."

—John R. Reusser, LCSW, ISPH Director

